

EARLY Dining MENU

2 Courses for 20€*

STARTERS

SOUP OF THE DAY

CAESAR SALAD (as Starter)

Crispy Bacon, Anchovies, Croutons, Boiled Egg and Shaved Parmesan

HOMEMADE CHICKEN LIVER PARFAIT

Served with Toasted Ciabatta, Caramelised Onions and Cumberland Relish

BUFFALO CHICKEN WINGS **SHWINGS**

Original Hot Wing Recipe with a Shwings Twist served with a Blue Cheese Dipping Sauce

CLASSIC PIL PIL PRAWNS

Cooked with Fresh Chilli, Garlic, Smoked Paprika, Parsley and White Wine

RED TUNA TARTARE

Marinated in Sesame Oil, Wasabi and Ginger served with Sliced Truffle, Avocado, Mango and Wakame Seaweed **(4€ supplement)**

HUMMUS (v)

Smooth dip made with Chickpeas, Tahini, Lemon Juice, Tomato, Parsley & Mint served with Chopped Tomatoes & Warm Pitta Bread

MAINS

CAESAR SALAD (as Main)

Crispy Bacon, Anchovies, Croutons, Boiled Egg and Shaved Parmesan topped with Grilled Chicken or Prawns

HOMEMADE COTTAGE PIE

Slow cooked rich Beef, topped with Creamy Mash served with Peas, Carrots and Red Wine Jus

TRADITIONAL FISH & CHIPS

Deep Fried Hake in Crispy Beer Batter, Hand Cut Fries, Minted Mushy Peas & Homemade Tartar Sauce

CHATEAUBRIAND FOR TWO

Served with Buttered New Potatoes, Crispy Onion Rings, Hand Cut Fries, Grilled Tomatoes, Mushrooms, Padron Peppers, Pepper Sauce and Béarnaise Sauce **(7€ supplement per person)**

THAI CHICKEN PEPPER GARLIC

Served with Steamed Basmati Rice

AUTHENTIC HOMEMADE THAI GREEN CURRY

Served with Steamed Basmati Rice, either with Vegetables (v) or with Chicken

THE FAMOUS 'LA SALA FILLET STEAK BURGER'

With Coleslaw, Hand Cut Fries, Crispy Onion Rings and Smoked Jalapeño Mayonnaise
With Grilled Bacon and Melted Cheese
With Grilled Goats Cheese and Caramelised Onions

BEYOND VEGAN BURGER (v)

On a Burger Bun topped with Tomato, Red Onion, Salad Leaves & Chipotle Mayonnaise served with Coleslaw & Hand Cut Fries

A LITTLE EXTRA

ADDITIONAL CHARGE

Hand Cut Fries, Sautéed Potatoes, Dauphinoise Potatoes, Crushed New Potatoes, Creamed Potatoes, Sweet Potato Fries, Crispy Onion Rings, Chargrilled Mixed Vegetables, Creamed Spinach, Sautéed Green Beans, Seasonal Mixed Vegetables or Buttered Peas

6€

Side Salads:

Green, Mixed, Coleslaw, Rocket and Parmesan

6€

Extra Sauces:

Peppercorn, Mushroom, Red Wine, Béarnaise, Ali-Oli, Curry Mayonnaise, Smoked Jalapeño Mayonnaise 

2.50€

We cannot guarantee that items on our menu are free from nut or nut trace elements or any other allergens. If you have a food allergy please let any of our team know and we will be happy to advise on which dishes may be suitable.